

Sailing instructions

Europa Cup Greece Argo Races of Kalamaria

6 July- 8 July 2026
Kalamaria Thessaloniki, Greece

Organizing Authority: The Nautical Athletic Club of Kalamaria Thessaloniki and EurILCA

Preamble:

EurILCA reminds that sporting events are above all a space for exchanges and sharing open. Also accessible to all. As such, competitors and support persons are asked to behave in all circumstances, on land and on the water, in a courteous and respectful manner regardless of origin, gender or sexual orientation from other participants

1. RULES

- 1.1 The event will be governed by the 'rules' as defined in the Racing Rules of Sailing (RRS).
- 1.2 No National Authority prescriptions will apply
- 1.3 ILCA class rule changes:
 - 1.3.1 Class rule 7(a) is changed as follows: "Only one person (the registered competitor) shall be on board while racing."
- 1.4 RRS Appendix P, Special Procedures for Rule 42 will apply with the following changes:
 - 1.4.1 If a first penalty is signaled after a boat has crossed the finish line, the penalty will be a 10% Scoring Penalty calculated as stated in RRS 44.3(c). However, she shall not be scored worse than DSQ.
 - 1.4.2 RRS P4 is replaced with "An action by the jury under RRS P1.2 shall not be grounds for a request for redress by a boat under RRS 61.1(a). The jury may initiate a redress hearing and may give redress for an action under RRS P1.2 by a member of the jury or its designated observers.
- 1.5 RRS Appendix T, Arbitration will apply.
- 1.6 In all rules governing this regatta.
 - 1.6.1 Both 'athlete' and 'competitor' mean a person competing or intending to compete in the regatta.
 - 1.6.2 **[SP]** denotes a rule for which Race Committee or Technical Committee may apply a standard penalty without a hearing or a discretionary penalty may be applied by the Jury with a hearing. However, the race committee or technical committee may protest a boat if considers a standard penalty is inappropriate. A boat who has been penalized with a standard penalty shall neither be protested by another boat for the same incident nor can another boat request redress for this committee action. This changes RRS 60.1 and A 5.

- 1.6.3 **[NP]** denotes a rule that shall not be grounds for protests by a boat. This changes RRS 60.1.
- 1.7 If there is a conflict between languages the English text will take precedence.
- 1.8 **[DP][NP]** All competitors and support persons shall follow any reasonable instructions given by a race official.
- 1.9 RRS 90.3(e) applies.).

2. **[DP] [NP] FLEET AND RANK IDENTIFICATIONS**

- 2.1 Each boat in the following categories shall display a colored sleeve 30 cm long at the base of the mast, between the vang fitting and the boom, corresponding to the color of the fleet in which the competitor is sailing. The color identification must cover all around the mast.
- 2.2 ILCA 6 will use Yellow and Blue sleeves.

3. **NOTICES TO COMPETITORS**

- 3.1 Notices to competitors will be posted on the official notice board (ONB) which is the event website <https://www.racingrulesofsailing.org>
- 3.2 Any information provided in the telegram group is unofficial and not grounds for redress

4. **CHANGES TO SAILING INSTRUCTIONS**

- 4.1 Any change to the sailing instructions will be posted no later than 2 (two) hours before the warning signal of the race on the day it will take effect, except that any change to the schedule of races will be posted by 2100 on the day before it will take effect.

5. **[DP] REGISTRATION, BOATS & EQUIPMENT INSPECTION**

- 5.1 Each competitor shall register at the race office and complete all required registration before racing. A competitor that does not complete all required registration will not be entered to the event under RRS 75.
- 5.2 Equipment, including wet clothing, may be inspected at any time for compliance with the class rules and the sailing instructions according to the following procedures:
- a. A competitor may be instructed by the technical committee, either ashore or on the water, to proceed immediately to the inspection area for inspection.
 - b. Until permission is given by the technical committee, a competitor once instructed to proceed for inspection, shall have no unauthorized contact with any support person, no person shall join or leave the boat, no equipment or other item shall be taken on or off that boat and the boat shall not leave the inspection area.
- 5.3 In the event of damage, hulls and equipment may only be replaced with the written permission of the race committee. If the damage occurs between 2 (two) hours before the first scheduled start on a racing day, and before the start of the last race of the day, provisional verbal permission shall be obtained from the technical committee, and the written

permission of the technical committee shall be applied for before the end of the protest time limit at the end of the day in which the replacement takes place.

6. SIGNALS MADE ASHORE

- 6.1 Signals made ashore will be displayed at the official flagpole located at boat parks.
- 6.2 **[DP][NP]** Flag D displayed with one sound means “The warning signal will be made not less than 60 minutes after flag D is displayed” no boat shall leave her allocated place until this signal is made.
- 6.3 When flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 60 minutes’ in the race signal AP. This changes RRS Race Signals.

7. FORMAT OF RACING

- 7.1 The event consists of a single series for ILCA4 and ILCA7.
- 7.2 The ILCA6 event will be split into fleets.
- 7.3 There is a total of 8 races scheduled.

8. SCHEDULE

Day	Time	Time	Description
5.07	1000- 1400	1700-2100	Race office open /Registration
6.07	0830-1000		Race office open /Registration
6.07	1200		Coach/Sailor meeting
6.07		1400	First warning signal. 3 races
7.07	TBA		First warning signal. 3 races
8.07	TBA		First warning signal 2 races 20:00 prize giving ceremony and finger food

- 8.1 The schedule may be changed by notice to competitors every day. The schedule may be changed to sail more than 3 races a day, when behind schedule. However, no more than 4 races a day will be sailed.
- 8.2 Each day succeeding races will start as soon as practicable after the finish of the previous race.
- 8.3 On the last day of the championship, no warning signal will be made after 17:00.

9. RACING AREAS

- 9.1 There will be one race area, Addendum B shows the approximate location of racing area. The racing area is defined as an area extending 100 meters beyond the entire course in which a boat would normally sail while racing.

9.2 **[DP]** Boats not racing shall avoid the racing area.

10. COURSES

- 10.1 Addendum C shows the course diagrams, including the course signals, the order in which marks are to be passed or rounded, and the side on which each mark is to be left.
- 10.2 No later than the warning signal, the race committee signal vessel will display the approximate compass bearing of the first leg.
- 10.3 The course may be shortened to finish at a rounding mark, or a gate provided four or more legs have been sailed on an outer course and at least three or more legs have been completed on an inner course (excluding the leg between mark 1 and mark 1A).
- 10.4 If one gate mark is missing the remaining mark will be left to port.

11. MARKS

- 11.1 Course marks 1, 2, 3s, 3p, 4s and 4p will be Yellow Pyramid Buoys
- 11.2 Course mark 1A will be small Yellow cylinder Buoy.
- 11.3 The starting marks will be race committee vessels displaying orange flags.
- 11.4 The finishing marks will be a race committee vessel with a blue flag and a pin finish mark with blue flag.
- 11.5 Change of course mark, will be Orange Pyramid buoy without 1A.

12. THE START

- 12.1 To alert boats that a race or sequence of races will begin soon, the orange starting line flags will be displayed with one sound signal at least 2 minutes before a warning signal is made.
- 12.2 The warning signal for each succeeding race will be made as soon as practicable.
- 12.3 The Start schedule will be posted on the race committee boat
- 12.4 Fleet flags:

Fleet	Flags
ILCA7	Green
ILCA4	Red
ILCA 6 – Yellow with yellow sleeve	Yellow
ILCA 6 Blue with blue sleeve	Blue

- 12.5 The starting line will be between the staffs displaying orange flags on the starting marks.
- 12.6 Starting area is defined as an area extending 100 meters beyond starting marks and its extensions in which the boat would normally sail to approach starting line.
- 12.7 **[DP] [NP]** Boats whose warning signal has not been made shall sail at least **100** meters away from and to leeward of the starting line and the **extensions** during the start sequences for other fleets.
- 12.8 A boat starting later than 4 minutes after her starting signal will be scored did not start (DNS) without a hearing. This changes RRS A 4, 5 1 and A 5.2..
- 12.9 Races will be started using either RRS 30.3 (U Flag Rule) or RRS 30.4 (Black Flag Rule).
- 12.10 RRS 30.4 (Black Flag Rule) is supplemented as follows:
 - 12.10.1 Sail numbers will be displayed for at least 3 minutes. A long sound signal will be made when the numbers are initially displayed. A boat whose number is so displayed shall leave the racing area, defined in SI 9.1 before the new preparatory signal. If she fails to do so, she will be scored DNE.

12.10.2 For the purposes of RRS 30.4 a race is 'restarted or resailed' when it has the same race number as a previously abandoned or recalled race.

13. CHANGE OF THE NEXT LEG OF THE COURSE

13.1 To change the next leg of the course, the Race Committee will lay a new mark as described in SI 11. This changes RRS 33.

14. THE FINISH

14.1 The finishing line will be between a staff displaying a blue flag on the race committee vessel on starboard side and the course side of the pin end finish mark on the port side except when RRS 32.2 applies.

15. TIME LIMITS AND TARGET TIMES

15.1 Time limits and target times are in minutes as follows:

<i>Race Time Limit</i>	<i>Finish Window</i>	<i>Race Target Time</i>
75	20	50

15.2 Boats failing to finish within the time stated in the Finish Window, after the first boat sails the course will be scored Did Not Finish (DNF). This changes RRS 35, A4 and A5.

15.3 Failure to meet the target time will not be grounds for redress under RRS 61.4(b)

16. HEARING REQUESTS, ENQUIRIES AND PENALTIES

16.1 Hearing request forms are available on the Official Notice Board. Hearing requests shall be delivered there within the appropriate time limit.

16.2 The protest time limit will be set by and posted on the official notice board by the jury and may be different for each fleet.

16.3 Notices will be posted within 30 minutes of the protest time limit for each fleet to inform competitors of hearings in which they are parties or named as witnesses.

16.4 Hearings will be held in the Hearing Room.

16.5 In RRS 61.2(b)(2) and 63.7(b)(2) change 'On the last scheduled day of racing...' to 'On the last day of a series.'

16.6 To request correction of an alleged error in posted race or series results, a boat shall complete a scoring enquiry form available on the official notice board.

16.7 A list of boats that have been penalized for breaking RRS 42 will be posted after racing each day.

16.8 **[NP]** Only the technical committee may protest a boat for an alleged breach of the class rules of RRS Part 4 Section B or RRS Appendix G or penalize a boat for breach of SI 16.9. This changes rules 60.1.

16.9 If a boat is sailed without a daggerboard stopper, or with no mast retention line attached rule 3(b) xi), a scoring penalty of 30% of the score for did not finish rounded to **nearest tenth of a point (0.05 rounded upward)** will, without a hearing, be added to the boats score in the last completed race in which she was racing without a daggerboard stopper or the retention line. However, she shall not be scored worse than DNF. This changes RRS 63.2(a) and RRS A5.

If a competitor sails with GPS enabled watch or any electronic equipment not specifically (class rule 22), or with a sail, top mast, or bottom mast has been changed prior to a race without the permission required, the competitor will be disqualified without a hearing from the last completed race when the breach occurred.

16.10 Penalties for any other breach of class rules are at the discretion of the jury and may be less than disqualification **[DP]**.

17. TITLES & PRIZES

17.1 Titles and prizes will be awarded according to the notice of race.

18. [DP] [NP] SAFETY

- 18.1 [SP] There will be sing in and sing out list .Competitors before going on the water shall sing and returning sing again before the time limit expires, on the list near the launching area
- 18.2 Rule 40.1 Personal Flotation Devices applies at all times afloat.
- 18.3 A competitor that retires from a race shall notify a race committee, safety or jury vessel as soon as reasonably possible and shall inform the race office immediately after returning to the shore.
- 18.4 Competitors not racing for any of the racing days shall inform the race office as soon as possible.
- 18.5 When the race committee displays flag V with repetitive sounds, all official and support vessels shall monitor the race committee VHF 69 channel for instructions and assist in search and rescue operations. The race committee will also use this channel for communication with coaches on the water.
- 18.6 If a boat is abandoned, it will be marked with a hazard tape tied through the bow eye to signal that the competitor is safe. Hazard tape must be collected by support boats from the Race office.

19. LOCATIONS OF IMPORTANCE

- 19.1 The important locations:

	Location
Race Office	Main Club's building upper floor
Official Notice Board	https://eurilca.eu/event/393/documents
Official Flagpole	Sea front boat parking
Equipment Inspection	Measurement tent
Hearing Room	Ground floor

20. OFFICIAL VESSELS

- 20.1 Official vessels will be marked as follows:

Vessel	Flag
Jury	White with IJ letters
Technical Committee	Yellow with Measurer letter
Safety Team	White with Red Cross
Press, Media	Green with MEDIA letters

- 20.2 Failure of an official vessel to fly an identifying flag shall not be grounds for redress by a boat. This changes RRS 61.4(b).
- 20.3 Actions by the official vessels shall not be grounds for redress by a boat. This changes RRS 61.1(a).

21. SUPPORT VESSELS

Support persons shall comply with the Support Vessel Regulations. See Addendum D.

22. TRASH DISPOSAL

Trash may be placed aboard support or official vessels.

23. [DP] RADIO COMMUNICATION

While afloat, a competitor shall not carry equipment capable of making or receiving voice or data transmissions, except for equipment provided by the organizing authority.

24. RISK STATEMENT

RRS 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue to race is hers alone".

Sailing by its nature is an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves and their boat to such inherent risk whilst taking part in the event;
- b) They are responsible for the safety of themselves, their boat and their other property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organizer does not relieve them of their own responsibilities;
- f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions as can be practically provided in the circumstances;
- g) It is their responsibility to familiarize themselves with any risks specific to this venue or this event drawn to their attention in any rules or information produced for the venue or event and to attend any safety briefing held for the event.

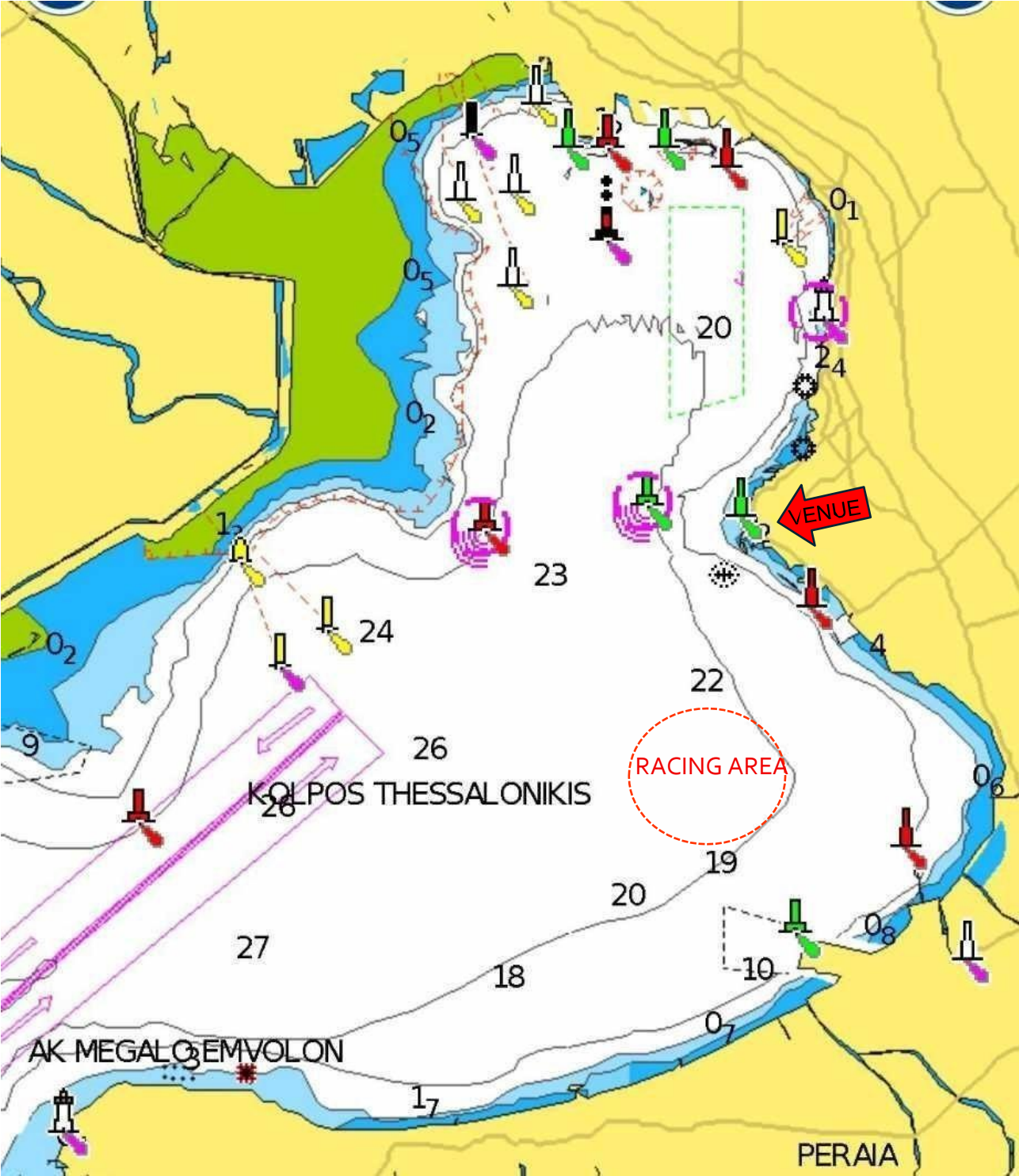
REASSIGNMENTS FOR ILCA 6 FLEETS

1. Initial assignments will be made by a race committee and will be posted just after registration has been completed. Decisions of the race committee will be no grounds for redress. This changes RRS 61.1(a)
2. Boats will be reassigned to fleets after each day of racing, except if only the first race of the event is completed. If all fleets have completed the same number of races, boats will be reassigned based on their ranks in the series. If all fleets have not completed the same number of races the series scores for reassignment will be calculated for those races, numbered in order of completion, completed by all fleets.
3. Reassignments for the next day's racing will be made as follows for ILCA6 :

Rank in Series	Fleet Assignment
1 st	YELLOW
2 nd	BLUE
3 rd	BLUE
4 th	YELLOW
5 th	YELLOW
6 th	BLUE
7 th	BLUE
8 th	YELLOW
9 th	YELLOW
And so on	

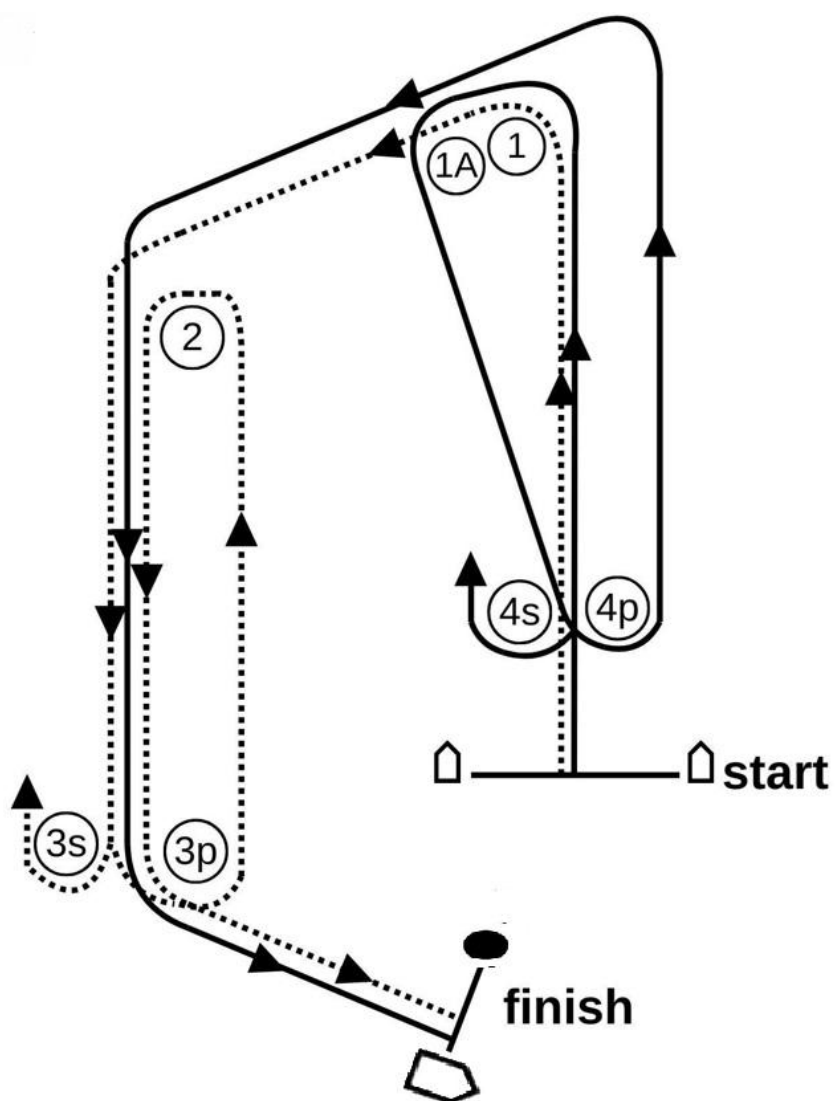
4. Reassignments will be based on the ranking available at 2100 that day regardless of protests or requests for redress not yet decided.

ADDENDUM B – CHART SHOWING RACING AREA



ADDENDUM C – COURSE DIAGRAMS

1. OUTER: START 1, 2, 3S/3P, 2, 3P, FINISH
2. INNER: START 1, 1A, 4S/4P, 1, 2, 3P, FINISH



Support Vessel Regulations

GENERAL

This Support Vessel Regulations (SVR) shall apply from first day of registration until the end of prize giving ceremony.

For the purposes of these regulations, a support vessel includes any vessel that is under the control or direction of a person who is or may provide physical or advisory support to an athlete, including the gathering of data that may be used at a later time.

The organizing authority may inspect vessels at any time to ensure that they comply with these regulations, and the person responsible for the vessel shall facilitate such inspection.

The organizing authority may change these regulations at any time. Any changes will be posted on the official notice board.

Each support vessel driver shall confirm registration of their vessels and submit the names and sail numbers of the boats they are supporting at the race office before the end of registration.

Each vessel shall be insured with valid third-party liability insurance with a minimum coverage of EUR €2,000,000 (or equivalent) per incident.

Only the registered person may be a designated driver.

The person registering the support vessel shall sign to confirm that:

he / she holds a valid insurance certificate showing proof of third-party liability coverage as required by SVR 1.7;

the designated driver has a motorboat driving license recognized by a national authority appropriate to that vessel;

Support vessels and coaches, parents are not allowed to fly Drones in the race area. Only the organizing authority can authorize the permission to fly drones during the event and filmed at the event.

[NP] [DP] COACH REGISTRATION & TEAM/COACH/SUPPORT VESSELS

Coach/support vessels shall pre-register online at the EurILCA event website by the entry closing date.

Substitution of coaches is permitted.

Coach/support vessel drivers shall confirm registration of their vessels and submit the names and sail numbers of the competitors they are supporting at the Race Office before the end of registration.

SAFETY

- 3.1. Support vessels shall carry on board:
 - 3.1.1. Support vessel drivers and crews shall wear a personal flotation device securely fastened at all times when afloat except briefly while changing or adjusting clothing or personal equipment. Wet suits and dry suits are not personal flotation devices.
 - 3.1.2. First-aid kit;
 - 3.1.3. VHF radio;
 - 3.1.4. Device for making a sound signal;
 - 3.1.5. Compass;
 - 3.1.6. Adequate anchor and tackle for conditions and depth;
 - 3.1.7. Tow rope (minimum 15m long and 10mm thick);
 - 3.1.8. Operational engine kill cord (also known as a safety lanyard or automatic engine immobilizer);
 - 3.1.9. Knife.
- 3.2. The kill cord shall be used at all times when the engine is running.
- 3.3. Support persons are responsible for overseeing the safety of their support vessels on the water, including knowledge of who is afloat and ensuring their safe return to the venue.
- 3.4. At all times, the registered driver(s) of a support vessel shall comply with directions given by a race official. In particular, this includes assisting in rescue operations when requested to do so.

GENERAL RESTRICTIONS

- 4.1. The registered driver(s) of a support vessel will be responsible for the control of the vessel at all times and will be held responsible for any inappropriate behaviour, dangerous actions or improper practices, or actions affecting the fairness or safety of competition.στη για τουςαθλητές τους
- 4.2. Support vessels shall not leave any device, piece of equipment, buoy, marker or similar item permanently in the water. Temporary use of floating objects is allowed for current measurement. These objects shall be removed as soon as the measurement has been taken.
- 4.3. Support vessels should take particular care to minimize their wash when transiting the course areas.

SUPPORT VESSEL ZONE

- 5.1. Support vessels shall not be positioned:
 - 5.1.1. Closer than 100 meters of any boat racing;
 - 5.1.2. Within 100 meters leeward from the starting line, its extensions and marks, from the time of the preparatory signal for the first fleet until all boats have left the starting area, or the race committee signals a postponement or abandonment for all fleets at this course.
 - 5.1.3. Between any boat racing and the next mark of the course;
 - 5.1.4. Between the inner loop and outer loop trapezoid courses when boats are racing on both courses;
 - 5.1.5. Within 100 meters of any mark of the course while boats are in the vicinity of that mark;
 - 5.1.6. Within 100 meters of the finishing line and marks while boats are finishing.
 - 5.1.7. When boats are finishing coach/support boats shall stay more than 100 meters outside and to Leeward of the finish line until all boats in all fleets have finished.
 - 5.1.8. In addition, support vessels that are motoring above 5 knots shall remain at least 150 meters from any boat racing.

SAILING VENUE

Only support vessels that are registered will be allowed into the sailing venue.

- 6.2 When not in use, support vessels shall be appropriately berthed at the sailing venue in the allocated areas for support vessels for the entire time that these SVR apply.