



SAILING INSTRUCTIONS

EurILCA TEAM RACING EUROPEAN CHAMPIONSHIP 3 – 7 DECEMBER 2025 YACHT CLUB of GREECE Athens, Greece

The notation [NP] in a rule of the Sailing Instructions means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1 (a)

The notation [SP] denotes a rule for which a standard penalty may be applied by the Race Committee or Technical Committee without a hearing, or a discretionary penalty applied by the International Jury with a hearing. This changes RRS A5.1 and A5.2.

ORGANIZING AUTHORITY

The 2025 EurILCA Team Racing European Championship is organised by the Yacht Club of Greece and kind cooperation of the Hellenic Sailing Federation. Competitors & coaches shall refer to the Venue Map (Addendum 1) to familiarize themselves with the locations of all designated areas and facilities of the Yacht Club of Greece.

1. RULES

- 1.1. The event will be governed by the rules as defined in the Racing Rules of Sailing (RRS) and as described in NoR.
- 1.2. Rule 40 will apply at all times while on the water except when temporarily adding or removing clothing. This changes the preamble to Part 4 and RRS 40.1.
- 1.3. [DP] Competitors and support persons shall comply with any reasonable request from an event official. Failure to comply may be misconduct.

2. NOTICES TO COMPETITORS

- 2.1. Notices to competitors will be posted on the online official notice board (ONB), located at <https://www.racingrulesofsailing.org/documents/13302/event>
- 2.2.
- 2.3. On the water, the Race Committee intends to monitor and communicate with coaches on VHF radio channel 72 or the official EurILCA Team Racing European Championship Telegram group. <https://t.me/ilca4teamracingeu25>

3. CHANGES TO THE SAILING INSTRUCTIONS

- 3.1. Any written changes to the Sailing Instructions or the schedule will be approved by the *EurILCA Representative* and posted on the ONB, at least 15 minutes before the warning signal of the race in which it will take effect. Any change to the schedule will be posted by

2200 hours on the day before the scheduled change takes effect and will be posted on the ONB.

- 3.2. Sailing Instructions may be changed orally by the Race Committee and/or the Umpires before the warning signal when flag L is displayed. These changes will also be communicated to the teams and coaches and posted on the Official Notice Board as well as the official EurILCA Team Racing European Championship Telegram group at the end of that day's racing.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed from the official flagpole located at the boat park of the Yacht Club of Greece.
- 4.2. When AP flag is displayed ashore, "1 minute" is replaced with "not less than 30 minutes" in the race signal AP. This changes Race Signal AP.
- 4.3. [NP][DP] Flag D displayed with one sound means: 'The warning signal will be made not less than 30 minutes after flag D is displayed.' Boats shall not leave their berthing places until this signal is made.

5. EVENT SCHEDULE

- 5.1. The event schedule is as follows:

Date	Time	Description
Wednesday, 3 December 2025	09:00 – 17:00	On-site Registration
	18:00	Flag Parade
	18:30	Opening Ceremony
	19:00	Evening Drinks & Snacks [Sea-Battles Room]
Thursday, 4 December 2025	08:30	Coaches Briefing [Azzure Room]
	10:00	Warning Signal for 1 st Race
	Post Racing	Umpires and Competitors Debrief [Azzure Room]
	18:30	Evening Burgers [Boat Park]
Friday, 5 December 2025	08:30	Coaches Briefing [Azzure Room]
	TBD	Warning Signal for 1 st Race
	Post Racing	Umpires and Competitors Debrief [Azzure Room]
	18:30	Yacht Club Premiere Screening [surprise film Sea-Battles Room].
Saturday, 6 December 2025	08:30	Coaches Briefing [Azzure Room]
	TBD	Warning Signal for 1 st Race
	Post Racing	Umpires and Competitors Debrief [Azzure Room]
	18:30	Traditional Greek Barbeque [Boat Park]
Sunday, 7 December 2025	08:30	Coaches Briefing [Azzure Room]
	TBD	Warning Signal for 1 st Race
	Post Racing	Prize Giving [Sea-Battles Room]

- 5.2. On the last scheduled day of racing, no warning signal shall be made after 14:00.

6. FORMAT

- 6.1. The 2025 EurILCA Team Racing European Championship is a four against four boat team races.
- 6.2. The 2025 EurILCA Team Racing European Championship will be sailed in *ILCA 4* boats.
- 6.3. All boats shall display a number on their sail.
- 6.4. The format of the event may be either Format A or Format B. The final racing format will be announced in the Coaches Briefing on Thursday, 4 December 2025.

6.4.1. **Format A**

Round Robin	Teams will be seeded for one Round Robin, where each team will race against each other team.
Quarterfinals	<p>The top eight (8 teams) of the Round Robin will proceed to the Quarterfinals. The winner of the Round Robin will race against the eighth (8th) ranked team (QF 1).</p> <p>The second (2nd) ranked team in the Round Robin will race against the seventh (7th) ranked team (QF 2).</p> <p>The third (3rd) ranked team in the Round Robin will race against the sixth (6th) ranked team (QF 3).</p> <p>The fourth (4th) ranked team in the Round Robin will race against the fifth (5th) ranked team (QF 4).</p> <p>The winners of each race in the Quarterfinals will proceed to the Semi-Finals. The losing teams will be ranked 5–8 according to the results of the Round Robin Stage.</p>
Semi-Finals	<p>The winners of the Quarterfinals, or the top four (4) teams of the Round Robin, if the Quarterfinals are not held, will proceed to the Semi-Finals.</p> <p>The winner of QF 1, or the winner of the Round Robin in case the Quarterfinals are not held, will choose opponent. The remaining teams will race each other. The winners of the Semi-Finals will be the first team to win the race in each Semi-Final.</p>
Petit-Final	The losers of the Semi-Finals will proceed to the Petit-Final. The winner of the Petit-Final will be ranked 3 rd overall and the loser 4 th overall.
Final	The winners of the Semi-Finals will proceed to the Final. The winner will be ranked 1 st overall and the loser 2 nd overall.

6.4.2. **Format B:**

Round Robin in Groups	Teams will be seeded for one Round Robin, divided in 2 groups.
Ranking 9-12 Stage	Teams ranked fifth (5 th) and sixth (6 th) in each group will race in the Ranking 9-12 Stage. This stage will consist of a Round Robin where each team will race against each other team. The final positions 9–12 will be determined by the results of this Ranking 9–12 Stage.
Quarterfinals	<p>The top four (4) teams of each group will proceed to the Quarterfinals.</p> <p>The winner of each group will race against the fourth (4th) ranked team from the opposite group.</p> <p>The second (2nd) ranked team of each group will race against the third (3rd) ranked team from the opposite group.</p> <p>The winners of each race in the Quarterfinals will proceed to the Semi-Finals. The four losing Quarterfinalists will compete in a Round Robin. Their results in this Round Robin will determine overall positions 5th to 8th.</p>

Semi-Finals	<p>The winners of the Quarterfinals will proceed to the Semi-Finals where the teams will face each other in a knockout match as follows:</p> <ul style="list-style-type: none"> - W_{QF1} vs W_{QF3} - W_{QF2} vs W_{QF4} <p>In case the Quarterfinals are not held, the winner of each group in the Round Robin will race against the second (2nd) ranked team from the opposite group. The winners of the Semi-Finals will be the first team to win the race in each Semi-Final.</p>
Petit-Final	The losers of the Semi-Finals will proceed to the Petit-Final. The winner of the Petit-Final will be ranked 3rd overall and the loser 4th overall.
Final	The winners of the Semi-Finals will proceed to the Final. The winner will be ranked 1st overall and the loser 2nd overall.

- 6.5. Teams will be seeded into a round robin based on a draw.
- 6.6. The format of the event may be changed during the event by the Principal Race Officer in conjunction with the *EurILCA Representative*, after considering the number of entries, the weather conditions, the sailable time available, the relevant conditions at the club, acts of Nature, and other relevant factors.

7. RACING AREA

- 7.1. The location of the racing area is shown in Addendum 2 of these Sailing Instructions.

8. THE COURSE

- 8.1. The diagram in Addendum 3 shows the course, including the order which marks are to be passed, and the side on which each mark is to be left.
- 8.2. Courses will not be shortened. This changes RRS 32.
- 8.3. There will be no change of course after the starting signal of the first match of a flight. This changes RRS 33.
- 8.4. The Race Committee will set the course length for a race to be approximately 8 minutes. Failure to comply with this requirement will not be grounds for a request for redress from a boat. This changes RRS 61.4(b)(1).
- 8.5. The Boat Switch Area is situated in the quite general vicinity roughly below the starting line. The waiting area is shown in the SI Addendum 2 which is not to scale.

9. MARKS

- 9.1. Marks will be as follows:
- 9.1.1. Marks No. 1, 2, 3 and 4 will be: Triangle-shaped (pyramidal) Yellow marks.
- 9.1.2. The starting marks will be: RC Vessel displaying an Orange flag and Red cylindrical mark.
- 9.1.3. The finishing marks will be: RC vessel displaying a Blue flag and Red cylindrical mark.

10. THE START

- 10.1. Races will be started by using the signals and timing selected in the following table:

Signal	Minutes before starting signal	Sound	Flag
Warning Signal	3	One	Class flag
Preparatory Signal	2	One	Flag P
One-minute	1	One	Flag P removed

Starting Signal	0	One	Class flag removed
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- 10.2. Class flag for each match in each flight will be the ILCA 4 flag.
- 10.3. The flight number will be displayed on a board on the race committee signal vessel before the warning signal.
- 10.4. The starting line will be between a staff displaying an Orange flag on the RC vessel and a Red cylindrical mark on the pin-end.
- 10.5. When a boat is subject to RRS 29.1, flag X need not be displayed for more than 1 minute after the starting signal. The race committee **may hail** the sail numbers or the total number of premature starters. This changes RRS 29.1.
- 10.6. After a general recall, the start of any succeeding races may be delayed to allow for the restart of the recalled race.
- 10.7. A boat failing to start within two (2) minutes from her starting signal will be scored as DNS.

11. THE FINISH

- 11.1. The finishing line will be between a staff displaying a Blue flag on the RC vessel and a Red cylindrical mark on the pin-end.
- 11.2. Boats that have finished shall return directly to the Boat Switch area or ashore.

12. TIME LIMITS

- 12.1. The time limit for each race shall be 20 minutes.
- 12.2. Boats failing to finish within five (5) minutes after the first boat finishes will be scored DNF. This amends RRS 35.
- 12.3. The target time for each race shall be 8-10 minutes. Failure to meet the target time will not be ground for redress by a boat. This changes RRS 61.1(a).

13. PROTESTS AND REQUESTS FOR REDRESS

- 13.1. For protests and requests for redress, other than protests under rule D2.1(b), competitors shall inform an Umpire or the Race Committee at the first reasonable opportunity upon finishing. The Umpires will, when appropriate, hear protests and requests for redress while afloat.
- 13.2. The protest time limit for competitors is two minutes after finishing and for the Race Committee or Jury it is 60 minutes after the last boat finishes the last race of the day.
- 13.3. The protest committee may refuse to hear a protest or request for redress unless its outcome is relevant to the progress, but not seeding, in the next round of the competition. This changes RRS 63.2(a).
- 13.4. When a hearing ashore is necessary, the schedule will be published no later than 30 minutes after the end of the protest time limit.
- 13.5. Breaches of Class Rules will not be grounds for a protest by a boat. This changes rule 60.1.
- 13.6. Penalties for breaches of Class Rules, sailing instructions marked [DP] and breaches of RRS 47, shall be at the discretion of the jury.
- 13.7. When the protest committee decides that a breach of a rule, other than a rule of RRS Part 2, has had no effect on the outcome of a race, it may make any arrangement it decides is equitable, which may be to impose no penalty. This changes RRS 60.5(c) and D3.3(b).

14. SCORING

- 14.1. When a competitor breaks RRS 40 (Personal Flotation Devices), the race committee may penalize the competitor's team half a race win without a hearing.

15. OFFICIAL BOATS

- 15.1. Official boats will be identified as follows:

VESSEL	IDENTIFICATION
<i>RC Vessel</i>	<i>The RC flag of the YCG with a historically accurate trident</i>
<i>Umpire Ribs</i>	<i>Flag with letters “U” or the word “Umpires”</i>
<i>MEDIA</i>	<i>Flag with the words “PRESS” or “MEDIA”</i>
<i>Breakdown RIB</i>	<i>Flag H over X</i>
<i>Boat Change RIB</i>	<i>Flag R over S</i>

16. SUPPORT VESSELS

- 16.1. Support persons [other than coaches] and spectator vessels shall remain downwind of the Boat Switch Area designated on the course diagram in Addendum 2, unless otherwise directed by the Race Committee and/or Umpires for safety purposes.
- 16.2. [NP][DP] Communication between team members and support persons is only allowed at the waiting area.
- 16.3. No coach boats, support boats, or spectator boats are allowed in or near the designated racing area during the 2025 EurILCA Team Racing European Championship without the written consent of the Commodore of the Yacht Club of Greece or the Overseer of Sailing and Yachting YCG. Said consent may require consultation with the EurILCA representative.

17. PRIZES

- 17.1. Prizes will be awarded to the First, Second and Third place winners of the 2025 EurILCA Team Racing European Championship. The First-Place winners will be commemorated on a plaque on the EurILCA Team Racing European Championship perpetual trophy. A European Sustainability Challenge Green Prize according to SI 18.2.

18. SUSTAINABILITY

- 18.1. *The EurILCA Team Racing European Championship 2025 is committed to offering a positive example of sustainable sailboat racing in practice, both on, and off the water. The event will achieve a Platinum [Clean Regattas](#) certification, the highest global standard for sustainable regatta management.*
We encourage all competitors, team leaders, coaches, and support staff to support our mission and sustainability goals. These goals include waste reduction, resource management, as well as care for our local environment. The following practices will be enforced during the event:
 - (a) Single-use plastic water bottles, plastic cups, and plastic straws **are prohibited**.
 - (b) There is a dedicated clean & cold water refill station onshore (at the YCG boat hangar) and afloat (Catamaran). All participants may bring reusable bottles or those provided by the organizing authority. [please note, tap water in Athens is potable]
 - (c) Reusable food safe containers will be used for the distribution and transport of lunch boxes. Teams are required to return all containers to the Race Office at the end of each day to enable their preparation and reuse for the following day.
 - (d) Participants shall use the designated waste streams (aluminium, plastic, glass and landfill).

(e) Post-race washdowns shall be conducted using fresh water only; the use of soaps, detergents, or other cleaning agents is **prohibited**.

Sailors, coaches, and support staff are expected to maintain the club and the marina areas clean at all times.

(f) Results and all race documents will be communicated through electronic means only; Printing the Sailing Instructions or any other documents or results is discouraged and frowned upon.

(g) A clean-up activity will be part of the event, and teams are encouraged to participate in support of the event's environmental objectives.

(h) Meals will be served using either reusable crockery or paper-based dinnerware with minimal packaging. All meals are prepared exclusively with locally sourced ingredients and vegetarian options will be available at all times. Teams are encouraged to contribute to the minimization of food waste. The opening ceremony will be meat-free.

(i) All participants are expected to use resources responsibly in the changing facilities and during post-race boat washdowns (e.g., showers, hoses). This includes minimizing water consumption, switching off lights when leaving changing rooms, and avoiding unnecessary use of other utilities to reduce environmental impact.

18.2. A Sustainability Challenge will be conducted to recognize the team demonstrating the highest standard of environmental responsibility and to promote positive sustainability practices throughout the event. A dedicated Sustainable team prize will be offered for the team that best reflects sustainable race goals.

Please note:

(a) Each team shall designate & declare one Environmental Steward (e-Steward) during registration. The e-Steward is responsible for promoting alignment with sustainability principles outlined above.

(b) Teams will earn points in the Sustainability Challenge based on the following criteria:

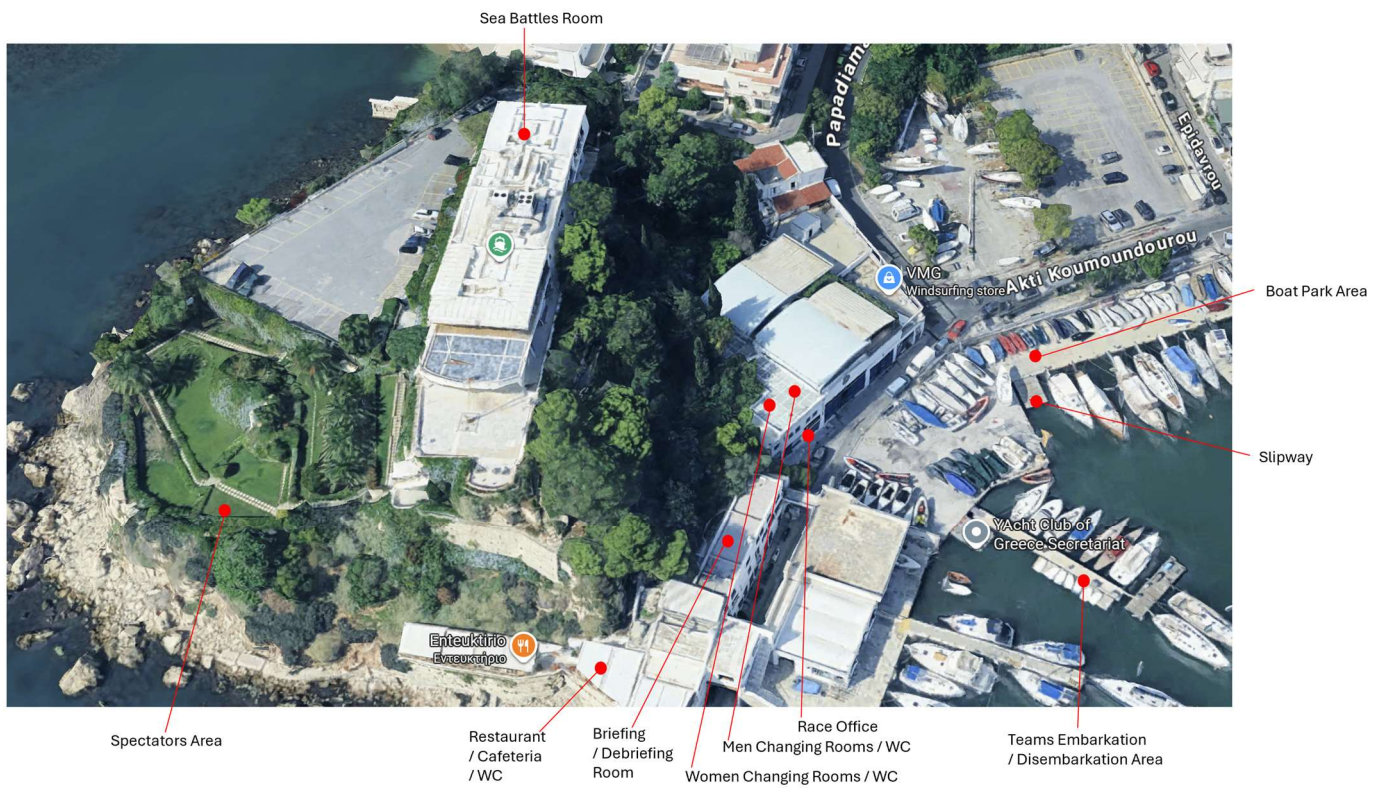
1. Participation in the event clean-up and other sustainability initiatives, including educational activities.
2. Daily return of all issued lunch boxes (full return yields maximum points).
3. Most creative idea that addresses sustainability challenges in future sailing events (must be submitted no later than Saturday's morning briefing). [An expert panel consisting of the YCG Green team will judge the winning ideas]

Points may be deducted if a team member is observed contravening the key sustainability principles outlined in Section 18.1.

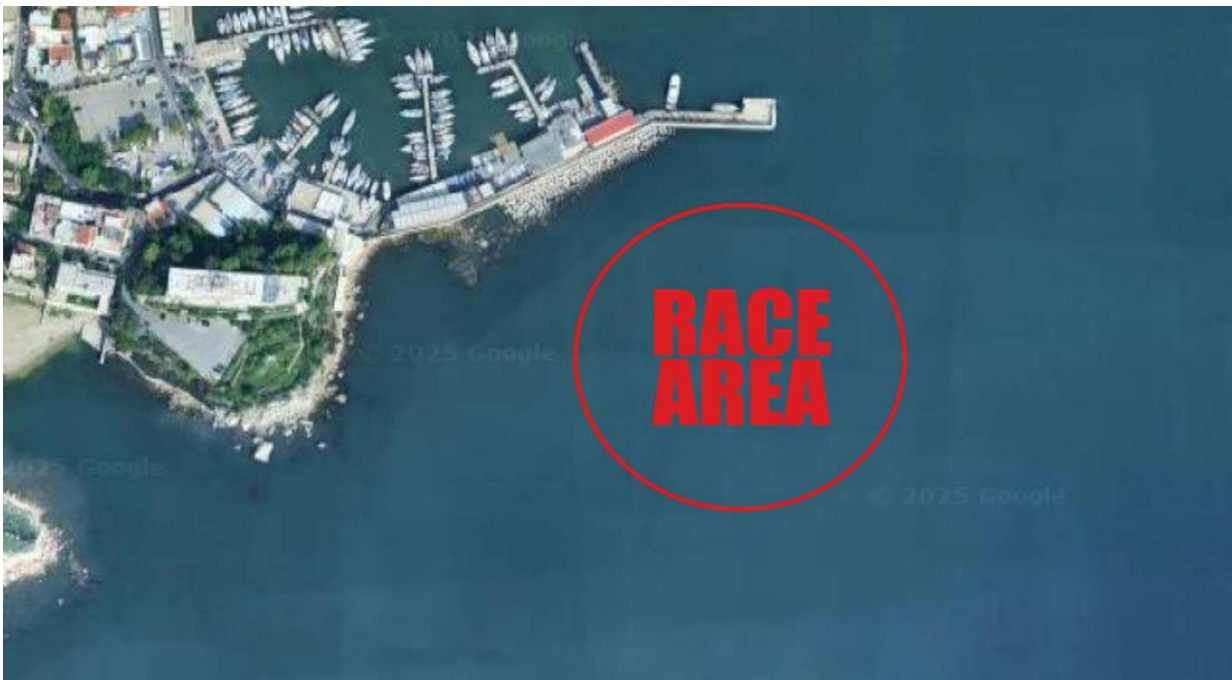
(c) A European Sustainability Challenge Green Prize will be awarded to the highest-scoring team.

ADDENDUM 1

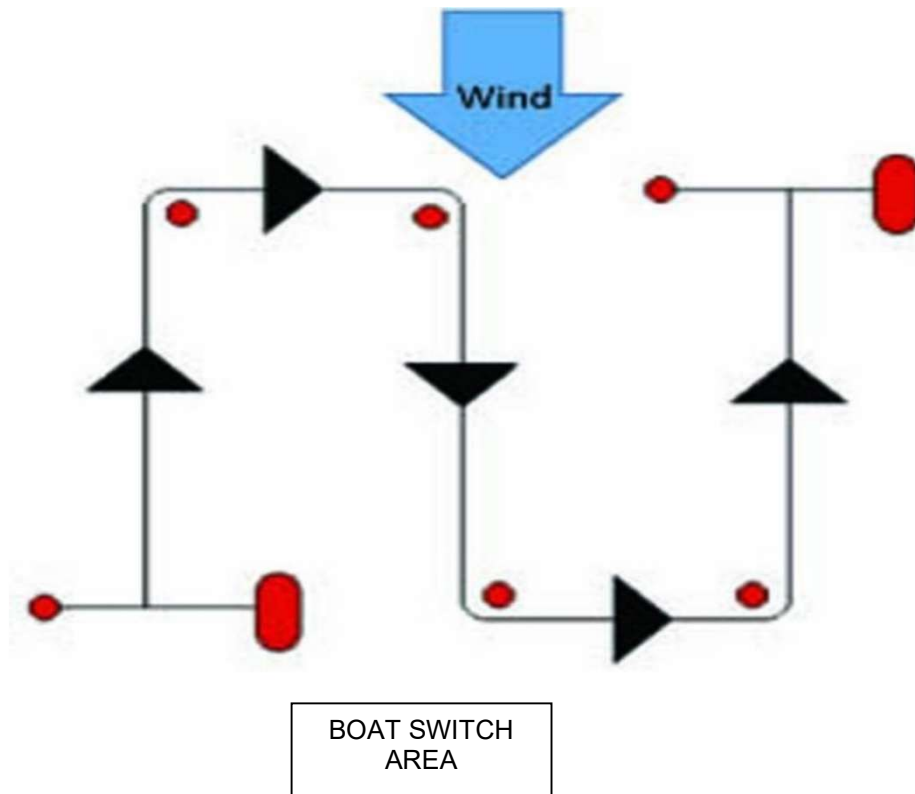
1. VENUE MAP



2. RACE AREA



3. COURSES



4. HANDLING THE BOATS

- 4.1. Each team will be liable for the cost of damage, equipment and property of each boat up to a maximum of 400€. A deposit for this amount will be required in cash or credit card at registration on-site and before a team may sail. When a team is assessed as liable for damage, it shall restore the deposit to the original value in order to continue sailing. Damage attributed to competitors generally or to an unidentified team will be attributed equally between all teams. A team may apply to the protest committee to determine their responsibility for any damage.
- 4.2. While all reasonable care is taken to equalize the boats, variations will not be grounds for redress. This changes rule 61.1.
- 4.3. Competitors shall report to the Race Committee at the first practicable opportunity any equipment damage or malfunction.

5. PROHIBITED ITEMS AND ACTIONS

- 5.1. Except in an emergency or in order to prevent damage or injury, or when directed by an umpire otherwise, the following is prohibited:
 - a) Any additions, omissions or alterations to the equipment supplied.
 - b) The use of any equipment for a purpose other than that intended or specifically permitted.
 - c) The replacement of any equipment without the permission of the Race Committee.
 - d) Sailing the boat in a manner that it is reasonable to predict that significant further damage would result.
 - e) Moving equipment from its normal stowage position except when being used.
 - f) Boarding a boat without prior permission.
 - g) Marking directly on the hull or deck with permanent ink.

6. ADDITIONAL RULES THAT APPLY

- 6.1. When boats change hands from one team to the next, sailors coming out of the boats must make sure the boats are handed over in conformity with the Class Rules.

6.2. While afloat, rigs shall not be lowered, and sail ties shall not be adjusted, except with prior permission of the Race Committee or an umpire.

7. MANDATORY ITEMS AND ACTIONS

7.1. The following is mandatory:

7.2. At the end of each sailing day:

- folding, bagging and placement of the sails as directed
- leaving the boat in the same state of cleanliness as when first boarded that day

7.3. At the end of the final day for a particular boat, cleaning the boat, removing all trash and removing all tape and marks.

7.4. Any request to alter, in any way, the equipment on a boat shall be in writing and worded to permit a yes/no answer.

8. BOATS SUPPLIED BY THE ORGANIZING AUTHORITY

8.1. EQUALISATION AND ALLOCATION

8.1.1. The organizing authority and race committee will take all reasonable steps to equalise the boats.

8.1.2. The race committee will allocate the boats to be used in each race.

8.1.3. Neither the allocation of boats, nor any variation between the boats and their equipment, shall be grounds for redress. This amends RRS 61.1.

8.2. Supplied boats shall be deemed to conform to their class rules.

8.3. Responsibility For a Boat:

8.3.1. A boat shall remain the responsibility of the team until handed over to the race committee or the next team to use that boat. Boats shall be handed over as empty of water as practical and in racing trim.

8.3.2. Competitors are responsible for inspecting their boats before racing.

8.3.3. Competitors shall report any defects, damage or breakdown to the race committee at the first reasonable opportunity.

8.3.4. When to continue racing after damage a breakdown risks further damage to the boat, she shall retire immediately.

9. Boat Damage Classification Levels

Level	Extent	Effect
Level A - Minor Damage 50 Euros	Does not significantly affect the value, general appearance or normal operation of the boat.	Boat may race without repair although some minor surface work may be required after the event. Repairs should not normally require more than 1 hour of work.
Level B – Damage 200 Euros	Affects the value and/or general appearance of the boat	The damage does not affect the normal operation of the boat in that race but may need some (temporary) work before racing again. Requires more than 1 hour of work but should not normally require more than 3 hours of work.
Level C - Major Damage 400 Euros	The normal operation of the boat is compromised and its structural integrity may be impaired.	The boat will need some repair work before racing again. Requires more than 3 hours of work.

Principal Race Officer :
Athanasios Protopsaltis

Chief Umpire:
Stavros Kouris