Training sessions

EurlLCA Master South France

Hi ILCA Masters!

The Saint-Raphaël Nautical Club is pleased to offer you a four-day training camp, from January 15 to 18, 2024, in preparation for the EurilcaMaster.

Under the direction of our ILCA coach Christophe Falon, this exclusive camp will give you the opportunity to improve your skills and prepare for the competition in the best possible way.

The training program will be developed in synergy with that of the camp led by Antony Munos, which will offer you a unique opportunity to learn and improve.

The fee is €440 per participant, including lunch. The number of places is limited to ensure a personalized and quality experience.

The proceeds from this camp will be entirely devoted to financing a minibus for our youth team, thus supporting the future of our young talents.

To register, simply contact us before January the 5th. <u>club@cnsr.fr</u> Do not hesitate to contact us if you have any further questions.

See you soon on the water!