



SAILING INSTRUCTIONS

2024 ILCA Masters European Championships

5 October – 11 October 2024
Vilamoura, Portugal

**Organizing Authority: Capable Planet Clube Náutico in Marina de Vilamoura,
Federação Portuguesa de Vela (Host)
and EurILCA**

Preamble:

EurILCA reminds that sporting events are above all a space for exchanges and sharing open. Also accessible to all. As such, competitors and support persons are asked to behave in all circumstances, on land and on the water, in a courteous and respectful manner regardless of origin, gender or sexual orientation from other participants

1. RULES

- 1.1 The event will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2 Portuguese National prescriptions will apply.
- 1.3 ILCA class rule 7(a) is restricted as follows: “Only one person shall be on board whilst racing. The person shall be named on the entry form.”
- 1.4 Appendix P, Special Procedures for Rule 42, will apply as amended in SIs 15.
- 1.5 Appendix T, Arbitration, will apply.
- 1.6 In all rules governing this event:
 - 1.6.1 [NP] denotes a rule that shall not be grounds for protests by a boat. This changes RRS 60.1(a).
 - 1.6.2 [SP] denotes a rule for which the race committee or technical committee may apply a standard penalty without a hearing or a discretionary penalty may be applied by the international jury with a hearing. However, the race committee or technical committee may protest a boat if it considers a standard penalty is inappropriate. A boat that has been penalised with a standard penalty shall neither be protested by another boat for the same incident nor can another boat request redress for this committee action. This changes RRS 60.1, 63.1 and A5.
- 1.7 Decisions of the international jury will be final as provided in RRS 70.5.
- 1.8 [NP][DP] All competitors and support persons shall follow any reasonable instruction given by a race official.
- 1.9 If there is a conflict between languages the English text will take precedence.
- 1.10 RRS 90.3(e) applies.

2. [DP] [NP] FLEET AND RANK IDENTIFICATIONS

- 2.1 Each boat shall display a coloured sleeve corresponding to the fleet to which she has been assigned. The sleeve shall be placed on the bottom mast between the boom vang fitting and the boom. (each competitor should re-use the colored race sleeve from a previous event or bring his own colored sleeve). The size of the color identification is 30 cm long and must cover all around the mast. Apprentice: Green, Master: Red, Grand Master: Blue, Great Grand Master: Yellow and Legend: White. It is the sailor responsibility to bring his own sleeve. It is possible to make his own sleeve. Sleeve may be able to be purchase at registration for 10 euros if booked in advance through the google form sent to each sailor.

3. NOTICES TO COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board (ONB) which is the event website: (<https://2024-master.eurilca-europeans.org>).

4. CHANGES TO SAILING INSTRUCTIONS

- 4.1 Any change to the sailing instructions will be posted no later than 2 (two) hours before the warning signal of the race on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

5. [DP] REGISTRATION, BOATS & EQUIPMENT INSPECTION

- 5.1 Each competitor shall register at the race office and complete all required registration and equipment inspection formalities before racing. A competitor that does not complete all required registration and equipment formalities will not be entered to the event under RRS 75.
- 5.2 Information on equipment inspection will be posted on the official notice board. Boats shall be presented with all equipment that shall be used in the event, with the bottom mast, boom and all control lines rigged and with the sail and top section derigged ready for inspection.
- 5.3 Equipment inspection will take place at the boat park according to the schedule posted on the official notice board.
- 5.4 Equipment inspection outside these times will only be possible at the discretion of the technical committee and on payment of EUR 20.
- 5.6 Equipment, including wet clothing may be inspected at any time for compliance with the class rules and the sailing instructions according to the following procedures:
- A competitor may be instructed by the technical committee, either ashore or on the water, to proceed immediately to the inspection area for inspection.
 - Until permission is given by the technical committee, a competitor once instructed to proceed for inspection, shall have no unauthorised contact with any support person, no person shall join or leave the boat, no equipment or other item shall be taken on or off that boat and the boat shall not leave the inspection area.
- 5.7 In the event of damage, hulls and equipment listed in NOR 7.2 may only be replaced with the written permission of the technical committee. If the damage occurs between 2 (two) hours before the first scheduled start on a racing day, and before the start of the last race of the day, provisional verbal permission shall be obtained from the technical committee, international jury or race committee and the written permission of the technical committee shall be applied for before the end of the protest time limit at the end of the day in which the replacement takes place.

6. SIGNALS MADE ASHORE

- 6.1 Signals made ashore will be displayed at the official flagpole located at the Dinghy Ramp.
- 6.2 [DP][NP] Flag D displayed with one sound means "The warning signal will be made not less than 60 minutes after flag D is displayed" No boat shall leave her berthing area until this signal is made.

- 6.3 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP. This changes RRS Race Signals.

7. FORMAT OF RACING

- 7.1 The event consists of a single series.
7.2 There is a total of 10 races scheduled.

8. SCHEDULE

- 8.1 Event Schedule:

Day	Time	Time	Description
05.10	08:30-12:00	13:00-18:00	Equipment Inspection
	9:00-12:00	13:00-18:00	Race office open /Registration
06.10	08:30-12:00	13:00-14:00	Equipment Inspection
	09:00-12:00	13:00-18:00	Race office open / Registration
06.10	18:00		Welcome ceremony with buffet meal
07.10	12:00		First warning signal. 2 races
08.10	TBA		First warning signal. 2 races
09.10	TBA		First warning signal. 2 races
09.10	19:00		Midweek party: Barbecue
10.10	TBA		First warning signal. 2 races
11.10	TBA		First warning signal. 2 races
11.10		18:30	Closing ceremony with buffet meal

- 8.2 The schedule may be changed by notice to competitors every day. The schedule may be changed to sail more than 2 races a day, when behind schedule. However, no more than 3 races a day will be sailed.
8.3 Each day succeeding races will be started as soon as practicable after the finish of the previous race.
8.4 On the last day of the championship, no warning signal will be made after 16:00.

9. RACING AREAS

- 9.1 Addendum A shows the racing areas. The racing area is defined as an area extending 100 meters beyond the entire course in which a boat would normally sail while racing.
9.2 **[DP]** Boats not racing shall avoid the racing area.

10. COURSES

- 10.1 Addendum C shows the course diagrams, including the course signals, the order in which marks are to be passed or round, and the side on which each mark is to be left.
10.2 No later than the warning signal, the race committee signal vessel will display the approximate compass bearing of the first leg.
10.3 The course may be shortened to finish at a rounding mark, or a gate provided four or more legs have been sailed on an outer course and at least three or more legs have been completed on an inner course (excluding the leg between mark 1 and mark 1A).
10.4 If one gate mark is missing the remaining mark will be left on port.

11. MARKS

- 11.1 Course marks 1, 2, 3s, 3p, 4s and 4p will be robotic.
11.2 Course mark 1A will be inflatable conical.
11.3 The starting marks will be race committee vessels displaying orange flags.
11.4 The finishing marks will be a race committee vessel and a pin end buoy with a blue flag.

11.5 The colour of marks will be as follows:

Racing Area Alpha

Course Marks 1	Orange
Course Mark 1A	Yellow
Course Mark 2,	Orange and Black
Course Marks 3S, 3P	Orange
Course Marks 4S, 4P	Orange

Racing Area Bravo

Course Marks 1	Yellow
Course Mark 1A	Orange
Course Mark 2,	Yellow and black
Course Marks 3S, 3P	Yellow
Course Marks 4S, 4P	Yellow

12. THE START

12.1 To alert boats that a race or sequence of races will begin soon, the orange starting line flags will be displayed with one sound signal at least 5 minutes before a warning signal is made.

12.2 The warning signal for each succeeding race will be made as soon as practicable.

12.3 Start sequence and Fleet flags:

Racing Area Alpha			
Fleets	Fleet Flags	Start Sequence	Course
ILCA 7 Apprenti Master + Master	Green + Red	1 st Start	Outer
ILCA 7 Grand Master	Blue	2 nd Start	Inner
ILCA 7 Great Grand Master	Yellow	3 rd Start	Inner

Racing Area Bravo			
Fleets	Fleet Flags	Start Sequence	Course
ILCA 6 Legend	White	1 st Start	Outer
ILCA 6 Apprenti Master + Master	Green + Red	2 nd Start	Outer
ILCA 6 Grand Master	Blue	3 rd Start	Inner
ILCA 6 Great Grand Master	Yellow	4 th Start	Inner

12.4 The starting line will be between the staffs displaying orange flags on the starting marks.

12.5 [DP] [NP] Boats whose warning signal has not been made shall sail at least 100 meters away from and to leeward of the starting line and the extensions during the start sequences for other

fleets.

- 12.6 A boat starting later than 4 minutes after her starting signal will be scored did not start (DNS) without a hearing. This changes RRS A5.1 and A5.2.
- 12.7 Races will be started using either RRS 30.3 (U Flag Rule), or RRS 30.4 (Black Flag Rule).
- 12.8 RRS 30.4 (Black Flag Rule) is supplemented as follows:
 - 12.8.1 Sail numbers will be displayed for at least 3 minutes. A long sound signal will be made when the numbers are initially displayed. A boat whose number is so displayed shall leave the racing area, defined in SI 9.1 before the new preparatory signal. If she fails to do so, she will be scored DNE.
 - 12.8.2 For the purposes of RRS 30.4 a race is 'restarted or resailed' when it has the same race number as a previously abandoned or recalled race.

13. CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1 A change of the next leg of the course will be made as in RRS 33.
- 13.2 The Original Marks will be moved to the new position.
- 13.3 Any action or no action by the race committee under SI 13 will not be grounds for redress under RRS 62.1(a).

14. THE FINISH

- 14.1 The finishing line will be between a staff displaying a blue flag on the race committee vessel on Port side and a mark with a blue flag on starboard side except when RRS 32.2 applies.

15. PENALTIES FOR BREACHES OF RRS 42

- 15.1 Appendix P will apply with the following changes:
 - 15.1.1 If a first penalty is signalled after a boat has crossed the finish line, the penalty will be a 10% Scoring Penalty calculated as stated in RRS 44.3(c) but not worse than a DSQ.
 - 15.1.2 RRS P4 is replaced with "An action by the jury under RRS P1.2 shall not be grounds for a request for redress by a boat under RRS 60.1(b). The jury may initiate a redress hearing and may give redress for an action under RRS P1.2 by a member of the jury or its designated observer".

16. TIME LIMITS AND TARGET TIMES

- 16.1 Time limits and target times are in minutes as follows:

<i>Race Time Limit</i>	<i>Finish Window</i>	<i>Race Target Time</i>
75	20	50

- 16.2 Boats failing to finish within the time stated in the Finish Window, after the first boat sails the course and finishes will be scored Did Not Finish (DNF). This changes RRS 35, A5.1 and A5.2.
- 16.3 Failure to meet the target time will not be grounds for redress under RRS 62.1(a).

17. HEARING REQUESTS, ENQUIRIES AND PENALTIES

- 17.1 Hearing request forms are available on the Official Notice Board. Hearing requests shall be delivered there within the appropriate time limit.
- 17.2 The protest time limit will be set by and posted on the official notice board by the international jury and may be different for each fleet.
- 17.3 Notices will be posted within 30 minutes of the protest time limit for each fleet to inform competitors of hearings in which they are parties or named as witnesses.
- 17.4 Hearings will be held in the Hearing Room.
- 17.5 In RRS 62.2(a) and 66.2(a) change 'On the last scheduled day of racing...' to 'On the last day of a series ...'.

- 17.6 To request correction of an alleged error in posted race or series results, a boat shall complete a scoring enquiry form available on the official notice board.
- 17.7 A list of boats that have been penalized for breaking RRS 42 will be posted after racing each day.
- 17.8 Only the technical committee may protest a boat for an alleged breach of the class rules, rules of RRS Part 4 Section B or RRS Appendix G. This changes RRS 60.1(a), 60.2(a) and 60.3(a).
- 17.9 If a boat is sailed without a centreboard stopper, or with no mast retention line attached (class rule 3(b) xi), a scoring penalty of 30% of the score for did not finish rounded to a whole number (rounding 0.5 upward) will, without a hearing, be added to the boats score in the last completed race in which she was racing without a centreboard stopper or the retention line. However, she shall not be scored worse than DNF. This changes RRS 63.1 and RRS A5.
- 17.10 If a sail, top mast, or bottom mast has been changed prior to a race without the permission required by SI 5.7 the competitor will be disqualified without a hearing from the last completed race when the change was used. This changes RRS 63.1 and RRS A5.
- 17.11 Penalties for any other breach of class rules are at the discretion of the international jury and may be less than disqualification [DP].
- 17.12 All hearing requests, inquiries or declarations that are required by the notice of race or sailing instructions to be in writing and delivered to the race office, may be submitted using the online system ([2024 ILCA Masters European Championship - Race documents \(sailti.com\)](https://sailti.com))(In case of technical issue, paper forms will be available at Jury room (hearing requests) and Race Office (all other forms).

18. TITLES & PRIZES

- 18.1 Titles and prizes will be awarded according to the notice of race.

19. [DP] [NP] SAFETY

- 19.1 Rule 40.1 Personal Flotation Devices applies at all times afloat.
- 19.2 A competitor that retires from a race shall notify a race committee, safety or jury vessel as soon as reasonably possible and shall inform the race office immediately after returning to the shore.
- 19.3 Competitors not racing for any of the racing days shall inform the race office as soon as possible.
- When the race committee displays flag V with repetitive sounds, all official and support vessels shall monitor the race committee VHF 71 channel (AREA ALPHA) VHF 72 channel (AREA BRAVO) for instructions and assist in search and rescue operations. The race committee will also use those 2 channels for communication with coaches on the water.
- 19.4 If a boat is abandoned, it will be marked with a hazard tape tied through the bow eye to signal that the competitor is safe.

20. LOCATIONS OF IMPORTANCE

- 20.1 The important locations: (See Add. C Venue Map)

	Location
Race Office	Vilamoura Sailing Office
Official Notice Board	2024 ILCA Masters European Championship - Race documents (sailti.com)
Official Flagpole	Next to the spliway
Equipment Inspection	Vilamoura Marina
Hearing Room	CIMAV

21. OFFICIAL VESSELS

21.1 Official vessels will be marked as follows:

Vessel	Flag
Jury	Black flag with "JURY"
Race Committee Alpha	White flag with "RC"
Race Committee Bravo	Orange flag with "RC"
Technical Committee	White flag with letter "M"
Press, Media	White flag with "PRESS"
PRO	White flag with "PRO"

21.2 Failure of an official vessel to fly an identifying flag shall not be grounds for redress by a boat. This changes RRS 62.1(a).

21.3 Actions by the official boats or helicopters shall not be grounds for redress by a boat. This changes RRS 62.1(a).

22. SUPPORT VESSELS

22.1 Support persons shall comply with the Support Vessel Regulations. See Attachment 2 in the notice of race.

23. TRASH DISPOSAL

23.1 Trash may be placed aboard support or official vessels.

24. [DP] RADIO COMMUNICATION

24.1 While afloat, a competitor shall not carry equipment capable of making or receiving voice or data transmissions, except for equipment provided by the organising authority.

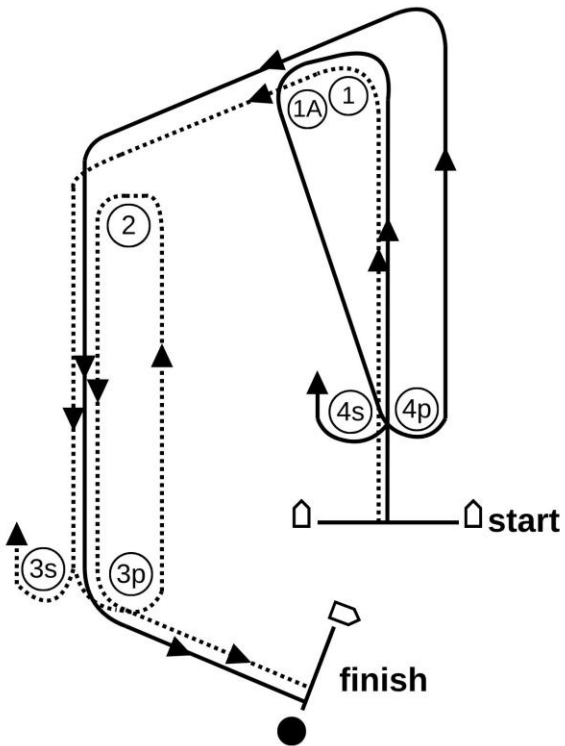
25. DISCLAIMER OF LIABILITY

25.1 Competitors participate in the event entirely at their own risk. See RRS 3, Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the event.

ADDENDUM A – CHART SHOWING RACING AREA



ADDENDUM B – COURSE DIAGRAMS



- 1. OUTER: START 1, 2, 3S/3P, 2, 3P, FINISH
- 2. INNER: START 1, 1A, 4S/4P, 1, 2, 3P, FINISH

ADDENDUM C – VENUE PLAN

