



2023 ILCA Masters European Championships

SAILING INSTRUCTIONS

9 September -15 September 2023

Douarnenez, France

***Organizing Authority: Société des Régates de Douarnenez(SRD) Club (Host)
and EurILCA and EurILCA***

1. RULES

- 1.1 The event will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2 ILCA class rule 7(a) is restricted as follows: “Only one competitor shall be on board whilst racing. The competitor shall be named on the entry form.”
- 1.3 Appendix P, Special Procedures for Rule 42, will apply as amended in SIs 14.
- 1.4 Appendix T, Arbitration, will apply.
- 1.5 In all rules governing this event:
 - 1.5.1 [NP] denotes a rule that shall not be grounds for protests by a boat. This changes RRS 60.1(a).
 - 1.5.2 [SP] denotes a rule for which the race committee or technical committee may apply a standard penalty without a hearing or a discretionary penalty may be applied by the international jury with a hearing. However, the race committee or technical committee may protest a boat if it considers a standard penalty is inappropriate. A boat that has been penalised with a standard penalty shall neither be protested by another boat for the same incident nor can another boat request redress for this committee action. This changes RRS 60.1, 63.1 and A5.
 - 1.5.3 [DP] will be used as defined in RRS Introduction. Notation
- 1.6 Decisions of the international jury will be final as provided in RRS 70.5.
- 1.7 [NP][DP] All competitors and support persons shall follow any reasonable instruction given by a race official.
- 1.8 If there is a conflict between languages the English text will take precedence.

2. [DP] [NP] FLEET AND RANK IDENTIFICATIONS

- 2.1 Each boat shall display a coloured sleeve corresponding to the fleet to which she has been assigned The sleeve shall be placed on the bottom mast between the boom vang fitting and the boom.

- 2.2 **Note that for boats required to display Master category identification colors, sleeve) are not supplied by the organizing authority. This is the sailors responsibility to bring his own color identification sleeve(s) for the event. If a sailor doesn't have a sleeve, sleeves may be available at registration for a 10 euros each unit. The mast sleeve shall be at least 30 cm long and all around the bottom mast. It shall not be a plastic folded or tape,**

3. NOTICES TO COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board (ONB) which is the event website: <https://onb.eurilca.roms.ar/masterseuropean2023/index.php/en>

4. CHANGES TO SAILING INSTRUCTIONS

- 4.1 Any change to the sailing instructions will be posted no later than 2 (two) hours before the warning signal of the race on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

5. [DP] REGISTRATION, BOATS & EQUIPMENT INSPECTION

- 5.1 Each competitor shall register at the race office and complete all required registration and equipment inspection formalities before racing. A competitor that does not complete all required registration and equipment formalities will not be entered to the event under RRS 75.
- 5.2 Information on equipment inspection will be posted on the official notice board. Boats shall be presented with all equipment that shall be used in the event, with the bottom mast, boom and all control lines rigged and with the sail and top section derigged ready for inspection.
- 5.3 Equipment inspection will take place at the boat park according to the schedule posted on the official notice board.
- 5.4 Equipment inspection outside these times will only be possible at the discretion of the technical committee and on payment of EUR 20.
- 5.6 Equipment, including wet clothing may be inspected at any time for compliance with the class rules and the sailing instructions according to the following procedures:
- a. A competitor may be instructed by the technical committee, either ashore or on the water, to proceed immediately to the inspection area for inspection.
 - b. Until permission is given by the technical committee, a competitor once instructed to proceed for inspection, shall have no unauthorised contact with any support person, no person shall join or leave the boat, no equipment or other item shall be taken on or off that boat and the boat shall not leave the inspection area.
- 5.7 In the event of damage, hulls and equipment listed in NOR 6.2 may only be replaced with the written permission of the technical committee. If the damage occurs between 2 (two) hours before the first scheduled start on a racing day, and before the start of the last race of the day, provisional verbal permission shall be obtained from the technical committee, international jury or race committee and the written permission of the technical committee shall be applied for before the end of the protest time limit at the end of the day in which the replacement takes place.

6. SIGNALS MADE ASHORE

- 6.1 Signals made ashore will be displayed at the official flagpole located at the Maison du nautisme. and for more visibility, a relay will be made next to the dinghies area.
- 6.2 **[DP][NP]** Flag D displayed with one sound means "The warning signal will be made not less than 60 minutes after flag D is displayed" No boat shall be moved from her berthing area until this signal is made.
- 6.3 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP. This changes RRS Race Signals.

7. FORMAT OF RACING

- 7.1 The event consists of a single series.
- 7.2 There will be a total of 10 races scheduled.

8. SCHEDULE

- 8.1 Event Schedule:

Day	Time	Time	Description
09.09	08:30-12:00	13:00-18:00	Equipment Inspection
09.09	9:00-12:00	13:00-18:00	Race office open /Registration
10.09	08:30-12:00	13:00-14:00	Equipment Inspection
10.09	09:00-12:00	13:00-18:00	Race office open / Registration
10.09	15:00		Practice race followed by welcome ceremony
11.09	11:00		First warning signal. 2 races
12.09	11:00		First warning signal. 2 races
12.09	18.30		Competitor's dinner
13.09	11:00		First warning signal. 2 races
14.09	11:00		First warning signal. 2 races
15.09	10.00		First warning signal. 2 races
15.09		16:00	Later no more warning signals will be made

- 8.2 The schedule may be change by notice to competitors every day. The schedule may be changed to sail more than 2 races a day, when behind schedule. However, no more than 3 races a day will be sailed.
- 8.3 Each day succeeding races will be started as soon as practicable after the finish of the previous race.
- 8.4 On the last day of the championship, no warning signal will be made after 1600.

9. RACING AREAS

- 9.1 Addendum B shows the racing areas. The racing area is defined as an area extending 100 meters beyond the entire course in which a boat would normally sail while racing.
- 9.2 **[DP]** Boats not racing shall avoid the racing area.

10. COURSES

- 10.1 Addendum A shows the course designations, including the course signals, the order in which marks are to be passed, and the side on which each mark is to be left.
- 10.2 No later than the warning signal, the race committee signal vessel will display the approximate compass bearing of the first leg.
- 10.3 The course may be shortened to finish at a rounding mark, or a gate provided four or more legs have been sailed on an outer course and at least three or more legs have been completed on an inner course (excluding the leg between mark 1 and mark 1A).
- 10.4 The leeward gate may be replaced by a single mark, in this case the mark will be left on port.

11. MARKS

- 11.1 Course marks 1, 1A, 2, 3s, 3p, 4s, 4p and 5 will be inflatables and cylindrical buoys for Area Alpha and inflatable cylindrical buoys for Area Bravo.
- 11.2 The starting marks will be race committee vessels displaying orange flags.
- 11.3 The finishing marks will be a race committee vessels displaying blue flags.
- 11.4 The colour of inflatable marks and laid marks will be as follows:

Racing Area Alpha

Course Marks 1	Orange
Course Mark 1A	Orange

Course Mark 2,	Orange
Course Marks 3S, 3P	Orange
Course Marks 4S, 4P	Orange
New marks	White

Racing Area Bravo

Course Marks 1	Yellow
Course Mark 1A	Yellow
Course Mark 2,	Yellow
Course Marks 3S, 3P	Yellow
Course Marks 4S, 4P	Yellow
New Marks	Red

12. THE START

- 12.1 To alert boats that a race or sequence of races will begin soon, the orange starting line flags will be displayed with one sound signal at least 5 minutes before a warning signal is made.
- 12.2 The warning signal for each succeeding race will be made as soon as practicable.
- 12.3 Start sequence and Fleet flags:

Racing Area Alpha

Fleets	Fleet Flags	Start Sequence	Course
ILCA 7 Apprenti Master + Master	Green	1 st Start	Outer
ILCA 7 Grand Master	White	2 nd Start	Outer
ILCA 7 Great Grand Master	Yellow	3 rd Start	Inner
Racing Area Bravo			
Fleets	Fleet Flags	Start Sequence	Course
ILCA 6 Great Grand Master plus legend	Yellow	1 st Start	Outer
ILCA 6 Grand Master	White	2 nd Start	Outer
ILCA 6 Apprenti Master + Master	Green	3 rd Start	Inner

- 12.4 The starting line will be between the staffs displaying orange flags on the starting marks.
- 12.5 Starting area is defined as an area extending 100 meters beyond starting marks in which the boat would normally sail to approach starting line.

- 12.6 **[DP] [NP]** Boats whose warning signal has not been made shall sail at least **100** meters away from and to leeward of the starting line and the **extensions** during the start sequences for other fleets.
- 12.7 A boat starting later than 4 minutes after her starting signal will be scored did not start (DNS) without a hearing. This changes RRS A5.1 and A5.2.
- 12.8 Races will be started using either RRS 30.3 (U Flag Rule), or RRS 30.4 (Black Flag Rule).
- 12.9 RRS 30.4 (Black Flag Rule) is supplemented as follows:
 - 12.9.1 Sail numbers will be displayed for at least 3 minutes. A long sound signal will be made when the numbers are initially displayed. A boat whose number is so displayed shall leave the racing area, defined in SI 9.1 before the new preparatory signal. If she fails to do so, she will be scored DNE.
 - 12.9.2 For the purposes of RRS 30.4 a race is 'restarted or resailed' when it has the same race number as a previously abandoned or recalled race. In case there are split fleets, races are named Q1 to Qn for the Qualifying series and F1 to Fn for the Final series.

13. CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1 A change of the next leg of the course will first be attempted by changing the position of the original marks. When this is not possible the course will be reset using one or more new marks (described in SI 11). When new marks are already in use, the course may be further reset using the original marks. Any action or no action by the race committee under this instruction will not be grounds for redress under RRS 62.1(a).

14. THE FINISH

- 14.1 The finishing line will be between a staff displaying a blue flag on the race committee vessel at the starboard end and a staff displaying a blue flag on the race committee vessel at the port end, except when RRS 32.2 applies.

15. PENALTIES FOR BREACHES OF RRS 42

- 15.1 Appendix P will apply with the following changes:
 - 15.1.1 If a first penalty is signalled after a boat has crossed the finish line, the penalty will be a 10% Scoring Penalty calculated as stated in RRS 44.3(c) but not more than a DSQ.
 - 15.1.2 RRS P4 is replaced with "An action by the jury under RRS P1.2 shall not be grounds for a request for redress by a boat under RRS 60.1(b). The jury may initiate a redress hearing and may give redress for an action under RRS P1.2 by a member of the jury or its designated observer".

16. TIME LIMITS AND TARGET TIMES

- 16.1 Time limits and target times are in minutes as follows:

<i>Race Time Limit</i>	<i>Finish Window</i>	<i>Race Target Time</i>
75	20	50

- 16.2 Boats failing to finish within the time stated in the Finish Window, after the first boat sails the course and finishes will be scored Did Not Finish (DNF). This changes RRS 35, A5.1 and A5.2.
- 16.3 Failure to meet the target time will not be grounds for redress under RRS 62.1(a).

17. HEARING REQUESTS, ENQUIRIES AND PENALTIES

- 17.1 Hearing request forms are available on the Official Notice Board at <https://onb.eurilca.roms.ar/masterseuropean2023/index.php/en> Hearing requests shall be delivered there within the appropriate time limit.
- 17.2 The protest time limit will be set by and posted on the official notice board by the international jury and may be different for each fleet.
- 17.3 Notices will be posted within 30 minutes of the protest time limit for each fleet to inform competitors of hearings in which they are parties or named as witnesses.
- 17.4 Hearings will be held in the Hearing Room.
- 17.5 In RRS 62.2(a) and 66.2(a) change 'On the last scheduled day of racing...' to 'On the last day of a series ...'.
- 17.6 To request correction of an alleged error in posted race or series results, a boat shall complete a scoring enquiry form available on the official notice board.
- 17.7 A list of boats that have been penalized for breaking RRS 42 will be posted after racing each day.
- 17.8 Only the technical committee may protest a boat for an alleged breach of the class rules, rules of RRS Part 4 Section B or RRS Appendix G. This changes RRS 60.1(a), 60.2(a) and 60.3(a).
- 17.9 If a boat is sailed without a centreboard stopper, or with no mast retention line attached (class rule 3(b) xi), a scoring penalty of 30% of the score for did not finish rounded to a whole number (rounding 0.5 upward) will, without a hearing, be added to the boats score in the last completed race in which she was racing without a centreboard stopper or the retention line. However, she shall not be scored worse than DNF. This changes RRS 63.1 and RRS A5.
- 17.10 If a sail, top mast, or bottom mast has been changed prior to a race without the permission required by SI 5.7 the competitor will be disqualified without a hearing from the last completed race when the change was used. This changes RRS 63.1 and RRS A5.
- 17.11 Penalties for any other breach of class rules are at the discretion of the international jury and may be less than disqualification [DP].
- 17.12 All hearing requests, inquiries or declarations that are required by the notice of race or sailing instructions to be in writing and delivered to the race office, shall be submitted using the online system (<https://onb.eurilca.roms.ar/masterseuropean2023/index.php/en>). However In case of a technical issue, paper forms will be available at Jury room (hearing requests) and Race Office (all other forms).

18. TITLES & PRIZES

- 18.1 Titles and prizes will be awarded according to the notice of race.

19. [DP] [NP] SAFETY

- 19.1 Rule 40.1 Personal Flotation Devices applies at all times afloat.
- 19.2 A competitor that retires from a race shall notify a race committee, safety or jury vessel as soon as reasonably possible and shall inform the race office immediately after returning to the shore.
- 19.3 Competitors not racing for any of the racing days shall inform the race office as soon as possible.
- 19.4 When the race committee displays flag V with repetitive sounds, all official and support vessels shall monitor the race committee VHF 69 channel (AREA ALPHA) VHF 72 channel (AREA BRAVO) for instructions and assist in search and rescue operations.
- 19.5 If a boat is abandoned, it will be marked with a hazard tape tied through the bow eye to signal that the competitor is safe.

20. LOCATIONS OF IMPORTANCE

20.1 The important locations:

	Location
Race Office	In the Maison du Nautisme, ground floor.
Official Notice Board	https://onb.eurilca.roms.ar/masterseuropean2023/index.php/en
Official Flagpole	At the Maison du nautisme
Equipment Inspection	Under the tents (Place Victor Salez)
Hearing Room	At the Maison du nautisme

21. OFFICIAL VESSELS

21.1 Official vessels will be marked as follows:

Vessel	Flag
Jury	Yellow flag with black letters JURY
Race Committee	White flag with black letters A or B
Technical Committee	Blue flag with Yellow Letter JAUGE
Press, Media	White flag with black letters PRESS

21.2 Failure of an official vessel to fly an identifying flag shall not be grounds for redress by a boat. This changes RRS 62.1(a).

21.3 Actions by the official boats or helicopters shall not be grounds for redress by a boat. This changes RRS 62.1(a).

22. RAMP ORGANISATION

22.1 In order to facilitate launching and return from the water on the ramp, sailors will receive the first trolley available when returning from racing. Sailors will collect their trolleys back the last day of the regatta after racing. The last day trolleys will be put by nationality and number allocated.

23. SUPPORT VESSELS

23.1 Support persons shall comply with the Support Vessel Regulations. See Attachment 2 in the notice of race.

24. TRASH DISPOSAL

24.1 Trash may be placed aboard support or official vessels.

25. [DP] RADIO COMMUNICATION

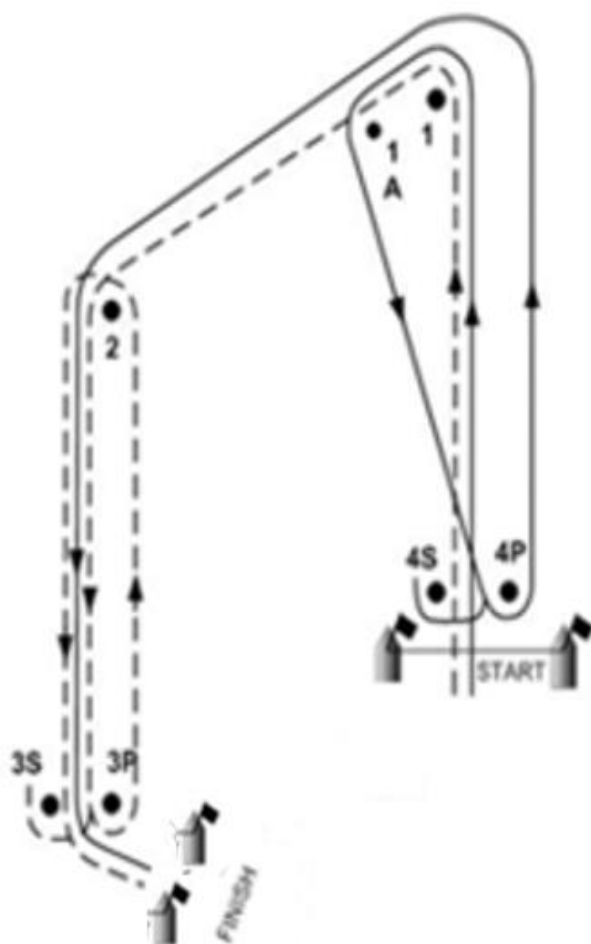
25.1 While afloat, a competitor shall not carry equipment capable of making or receiving voice or data transmissions, except for equipment provided by the organising authority.

26. DISCLAIMER OF LIABILITY

26.1 Competitors participate in the event entirely at their own risk. See RRS 3, Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the event.

ADDENDUM A – COURSE DIAGRAMS

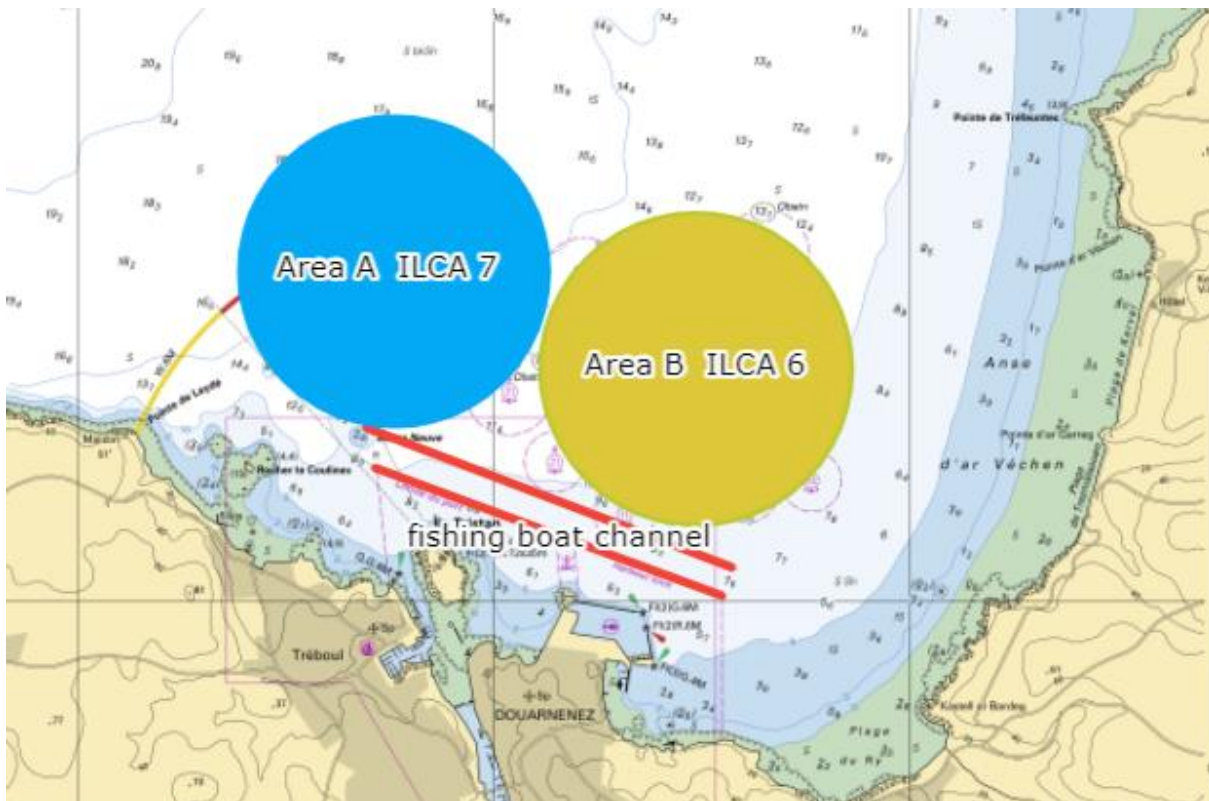
1. **OUTER:** Start,1,2,3s/3p,2,3p, finish
2. **INNER:** Start,1, 1A,4s/4p,1, 2, 3 P, finish



ADDENDUM B – CHART SHOWING RACING AREAS

Rond A . 48°07.0563N
004°20.4853W

Rond B 48°06.7441N
004°19.0336W



ADDENDUM C – NATIONAL PRESCRIPTIONS

FFVoile Prescriptions to RRS 2021-2024 translated for non-french speaking competitors

FFVoile Prescription to **RRS 25.1** (*Notice of race, sailing instructions and signals*):

For events graded 4 and 5, standard notices of race and sailing instructions including the specificities of the event shall be used. Events graded 4 may have dispensation for such requirement, after receipt of FFVoile approval, received before the notice of race has been published.

For events graded 5, posting of sailing instructions will be considered as meeting the requirements of RRS 25.1 application.

(* FFVoile Prescription to **RRS 64.4** (*Decisions on protests concerning class rules*):

The protest committee may ask the parties to the protest, prior to checking procedures, a deposit covering the cost of checking arising from a protest concerning class rules.

(* FFVoile Prescription to **RRS 67** (*Damages*):

Any question or request related to damages arising from an incident occurred while a boat was bound by the Racing Rules of Sailing depends on the appropriate courts and cannot be examined and dealt by a protest committee.

A boat that retires from a race or accepts a penalty does not, by that such action, admit liability for damages.

(* FFVoile Prescription to **RRS 70.5** (*Appeals and requests to a national authority*):

The denial of the right of appeal is subject to the written approval of the Fédération Française de Voile, received before publishing the notice of race. This approval shall be posted on the official notice board during the event.

(* FFVoile Prescription to **RRS 76.1** (*Exclusion of boats or competitors*):

An organizing authority or race committee shall not reject or cancel the entry of a boat or exclude a competitor eligible under the notice of race and sailing instructions for an arbitrary reason.

(* FFVoile Prescription to **RRS 78.1** (*Compliance with class rules; certificates*):

The boat's owner or other person in charge shall, under his sole responsibility, make sure moreover that his boat complies with the equipment and security rules required by the laws, by-laws and regulations of the Administration.

(* FFVoile Prescription to **RRS 86.3** (*Changes to the racing rules*):

An organizing authority wishing to change a rule listed in RRS 86.1(a) in order to develop or test new rules shall first submit the changes to the FFVoile, in order to obtain its written approval and shall report the results to FFVoile after the event. Such approval shall be mentioned in the notice of race and in the sailing instructions and shall be posted on the official notice board during the event.

(* FFVoile Prescription to **RRS 88.2** (*Changes to prescriptions*):

Prescriptions of the FFVoile shall not be changed in the notice of race and sailing instructions, except for events for which an international jury has been appointed.

In such case, the prescriptions marked with an asterisk (*) shall not be changed in the notice of race and sailing instructions. (The official translation of the prescriptions, downloadable on the FFVoile website www.ffvoile.fr, shall be the only translation used to comply with RRS 90.2(b)).

(* FFVoile Prescription to **RRS 91(b)** (*Protest committee*):

The appointment of an international jury meeting the requirements of Appendix N is subject to prior written approval of the Fédération Française de Voile. Such approval shall be posted on the official notice board during the event.

FFVoile Prescription to **APPENDIX R** (*Procedures for appeals and requests*):

Appeals shall be sent to the head-office of Fédération Française de Voile, 17 rue Henri Bocquillon, 75015 Paris – email: jury.appel@ffvoile.fr, using preferably the appeal form downloadable on the website of Fédération Française de Voile: <http://espaces.ffvoile.fr/media/127235/formulaire-dappel.pdf> .